

North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 DONUTS pop tart CEREAL Apples JUICE MILK, VARIETY	Feb - 4 Piggle stick CEREAL BANANA JUICE MILK, VARIETY	Feb - 5 FRENCH TOAST/SAUSAGE SAUSAGE LINKS CEREAL GRAPES JUICE MILK, VARIETY	Feb - 6 PANCAKES Sausage Patty CEREAL ORANGES JUICE MILK, VARIETY	Feb - 7 Muffin (assorted) pop tart CEREAL Kiwi JUICE MILK, VARIETY
Feb - 10 DONUTS CEREAL pop tart Apples JUICE MILK, VARIETY	Feb - 11 Cinnamon Roll PARFAIT CEREAL GRAPES JUICE MILK, VARIETY	Feb - 12 Breakfast Bagel CEREAL ORANGES JUICE MILK, VARIETY	Feb - 13 BREAKFAST PIZZA CEREAL Apple Slice JUICE MILK, VARIETY	Feb - 14 Muffin (assorted) CEREAL pop tart Kiwi JUICE
Feb - 17 NO SCHOOL TODAY	Feb - 18 DONUTS CEREAL pop tart GRAPES JUICE MILK, VARIETY	Feb - 19 BREAKFAST SANDWICH CEREAL GRAPES JUICE MILK, VARIETY	Feb - 20 Dutch Waffle SAUSAGE LINKS CEREAL Apple Slice JUICE	Feb - 21 Muffin (assorted) CEREAL pop tart Kiwi JUICE
Feb - 24 DONUTS CEREAL pop tart Apples JUICE MILK, VARIETY	Feb - 25 BISCUITS & GRAVY CEREAL GRAPES JUICE	Feb - 26 Breakfast Bagel CEREAL Kiwi JUICE	Feb - 27 Cinnamon Roll PARFAIT CEREAL ORANGES JUICE MILK, VARIETY	Feb - 28 Muffin (assorted) CEREAL pop tart Kiwi JUICE

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	914	400-550	166%	Sugars	85.14* g	37.24%	
Cholesterol	48 mg			Protein	22.03 g	9.64%	
Sodium	2005 mg	600		Carbohyd	154.27 g	67.48%	
Fiber	10.20 g			Tot. Fat	24.79 g	24.40%	<=30.0%
Iron	19.21 mg			Sat. Fat	8.31 g	8.18%	<10.00%
Calcium	1168.24 mg						
Vitamin A	1412 IU						
Vitamin C	24.21 mg						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.